

DAY	CLASS	TIME	INSTRUCTOR	ROOM	LENGTH
MONDAY	Jazz 1 Teen - Adult	9:30 AM	Louis McKay	A	60 min
	Tap 1 Teen - Adult	10:30 AM	Louis McKay	A	60 min
	Lyrical Teen - Adult	10:30 AM	Kim Seiber	B	60 min
	Tap 2 Teen - Adult	11:30 AM	Louis McKay	A	60 min
	Tap 5 (by invitation only)	3:15 PM	Louis McKay	A	45 min
	Ballet 1B (9 - up)	3:30 PM	Geri Jones	B	60 min
	Turns & Leap 1A (6 -9)	4:00 PM	Louis McKay	A	60 min
	Ballet 1AB (8 - 10)	4:30 PM	Izzie Overstreet	B	60 min
	Turns & Leap 1B (9 - up)	5:00 PM	Louis McKay	A	60 min
	Ballet 2A Technique	5:30 PM	Izzie Overstreet	B	60 min
	Contemporary 1A/AB/B	6:00 PM	Christian Smith	A	60 min
	Pointe 2A	6:30 PM	Izzie Overstreet	B	30 min
	Tap 4	7:00 PM	Louis McKay	A	60 min
	Contemporary 3	7:00 PM	Christian Smith	B	60 min
	Jazz 1 Teen - Adult	8:00 PM	Louis McKay	A	60 min
Contemporary 2	8:00 PM	Christian Smith	B	60 min	
TUESDAY	Ballet (Open) Teen - Adult	9:30 AM	Diana Nicastro	B	60 min
	Jazz 1B Teen - Adult	10:30 AM	Louis McKay	A	60 min
	Tap 3 Teen - Adult	11:30 AM	Louis McKay	A	60 min
	Jazz 1A (9 -13)	3:30 PM	Louis McKay	A	60 min
	Ballet 1A (6 - 8)	3:30 PM	Geri Jones	B	60 min
	Jazz 1A (6 -8)	4:30 PM	Louis/Tanya McKay	A	60 mn
	Ballet 2B Technique	4:30 PM	Adam Bloodgood	B	60 min
	Tap 1B (9 - up)	5:30 PM	Louis McKay	A	60 min
	Pointe 2B	5:30 PM	Adam Bloodgood	B	30 min
	Ballet 3A	6:00 PM	Adam Bloodgood	B	60 min
	Jazz 3	6:30 PM	Emily Pepper	A	60 min
	Pointe 3A	7:00 PM	Adam Bloodgood	B	30 min
	Jazz 4	7:30 PM	Emily Pepper	A	60 min
	Lyrical 2	7:30 PM	Elizabeth Amati	B	60 min
	WEDNESDAY	Pre-Dance (3 - 5)	9:30 AM	Tanya/Louis McKay	A
Jazz 1 Teen - Adult		10:30 AM	Louis McKay	A	60 min
Tap 2 Teen - Adult		11:30 AM	Louis McKay	A	60 min
Lyrical 1A/1AB (7 - up)		3:30 PM	Arwen Daniels	B	60 min
KinderCombo (5 - 7)		4:00 PM	Tanya/Louis McKay	A	60 min
Lyrical 1B (9 - up)		4:30 PM	Arwen Daniels	B	60 min
Tap 1A (6 - 8)		5:00 PM	Louis McKay	A	60 min
Ballet 2A Technique		5:30 PM	Izzie Overstreet	B	60 min
Turns & Leaps 1AB (9 - 13)		6:00 PM	Louis McKay	A	60 min
Pointe 2A		6:30 PM	Izzie Overstreet	B	30 min
Jazz 2		7:00 PM	Louis McKay	A	60 min
Lyrical 3		7:00 PM	Caitlyn Gallison	B	60 min
Hip Hop Teen - Adult		8:00 PM	Sy Bartolome	A	60 min
Contemporary 4		8:00 PM	Caitlyn Gallison	B	60 min

DAY	CLASS	TIME	INSTRUCTOR	ROOM	LENGTH
THURSDAY	Ballet 1 Fundamentals	9:30 AM	Diana Nicastro	B	60 min
	Jazz 1 Teen- Adult	10:30 AM	Louis McKay	A	60 min
	Tap Open - All Levels	11:30 AM	Louis McKay	A	60 min
	Pre-Dance (3 - 5)	3:30 PM	Tanya/Louis McKay	A	60 min
	Ballet 1B (9 - up)	4:00 PM	Izzie Overstreet	B	60 min
	Acro 1 (6 - up)	4:30 PM	Dalia Benson	A	60 min
	Ballet 2B Technique	5:00 PM	Izzie Overstreet	B	60 min
	Acro 2	5:30 PM	Dalia Benson	A	60 min
	Pointe 2B	6:00 PM	Izzie Overstreet	B	60 min
	Turns & Leaps 3	6:30 PM	Caitlyn Gallison	A	60 min
	Turns & Leaps 4	6:30 PM	Rachel Walsh	B	60 min
	Jazz 3	7:30 PM	Caitlyn Gallison	A	60 min
	Jazz 4	7:30 PM	Rachel Walsh	B	60 min
FRIDAY	Pilates Stretch & Tone	9:00 AM	Geri Jones	B	60 min
	Cardio Hip - Hop	10:00 AM	Kim Seiber	B	60 min
	Hip Hop (6 - 8)	3:30 PM	Kim Seiber	A	60 min
	Turns & Leaps 1A (9 -up)	3:30 PM	Emily Pepper	B	60 min
	Jazz 1A (9-13)	4:30 PM	Kim Seiber	A	60 min
	Ballet 3A Technique	4:30 PM	Caitlyn Gallison	B	60 min
	Jazz 2	5:30 PM	Kim Seiber	A	60 min
	Pointe 3A	5:30 PM	Caitlyn Gallison	B	60 min
SATURDAY	Beginning Hip Hop (9 - up)	9:00 AM	Tracy Mesina	A	60 min
	Turns & Leaps 2	9:00 AM	Louis McKay	B	60 min
	Pre- Dance (3 - 5)	10:00 AM	Tanya/Louis McKay	A	60 min
	Intermediate Hip Hop	10:00 AM	Tracy Mesina	B	60 min
	KinderCombo (5 - 7)	11:00 AM	Tanya/Louis McKay	A	60 min
	Advanced Hip Hop	11:00 AM	Tracy Mesina	B	60 min
	Jazz 1B (9 - up)	12:00 PM	Louis McKay	A	60 min
	Ballet 1A (6 - 8)	12:00 PM	Caitlyn Gallison	B	60 min
	Jazz 1A (6 - 8)	1:00 PM	Elizabeth Amati	A	60 min
	Ballet 1AB (10 - up)	1:00 PM	Caitlyn Gallison	B	60 min
	Tap 3	2:00 PM	Elizabeth Amati	A	60 min
	Jazz 1AB (10 - up)	2:00 PM	Louis McKay	B	60 min
	Tap 2	3:00 PM	Elizabeth Amati	A	60 min
	SUNDAY	Acro 3	11:30 AM	Casey Chapel	A
Acro 4		12:30 PM	Casey Chapel	A	60 min
Stretch 1 (9-12)		12:30 PM	Emily Pepper	B	60 min
Stretch 2 (13 - up)		1:30 PM	Emily Pepper	B	60 min

NCDA Instructors are working dancers and choreographers, so substitutions are sometimes necessary.

NCDA reserves the right to evaluate all students prior to class placement. Call 858.792.9303 or email us at ncdancearts@aol.com for class availability.